

*The journey of the body
within the institution:
From information object
to communication subject*

Workshop

for the body



18TH - 19TH SEPTEMBER 2020

Friday 18 from 16.30 to 20.30, Saturday 19 from 9.00 to 13.45

MOTUS
ASSOCIAZIONE PER LA TRASFORMAZIONE
DELLE ISTITUZIONI



For the Body
 The body as a journey
 The body as a scene
 The body as a home
 The body as truth and beauty

We walk while thinking and here we are already thrown into the "after", what is to be done on arrival, which we may not be able to achieve due to traffic congestion, public transport delays, works in progress, etc. and what we will not be able to do will be added to what we have failed to do... and then we will have to consider this with our children and their needs, with our companion and his/her own heap, with the colleague and his/her own overflows which are similar to ours and add to ours... and what shall we say to the office manager, the president, the school director, to the client or patient who, like us, is no longer so patient?

We lose the sense of the journey. We feel that we have no time and that the grains of sand are growing into mountains.

Oftentimes we experience:

care as a service that humiliates and not as a gift that satisfies;
 the encounter with the other as a duty, a need, an utility and not as a possible discovery;
 our feminine side as a weakness or form of seduction and not as tenderness, caress, harmony;
 our masculine side as a conquest or power/domination and not as sensitivity, desire to fertilize, protection;
 our body as an instrument, an object, and not as the subject of our life.

What if we tried to walk listening to our breathing and footsteps, if we just got out of bed on a different footing instead of the usual one?

What if we tried to produce sounds and listen to them? What truth can we find out about and inside our bodies?

What gesture can arise from this body, free from the automatism that we have imposed on ourselves as a reassuring ritual?

We walk and position ourselves on our path in a different way, we come back to discover ourselves.

We listen to our body and we discover that it has its own pace, its sounds, its gestures, its light and colors, and finally we are with it and we walk at its rhythm, we speak with its tone, we look with its light, we are dressed in its colors.

And the music inside of us changes, and changes the way we see ourselves, as well as each other and others.

From our being we make the art of being.

The workshop invites to an exploration of the institutional role and interactions with others starting from the place that the body takes as subject and interlocutor.

Primary task The body as a good for oneself and as a journey towards the common good.

The body as a place of consciousness, the body that expresses the self, the body that I am: the exploration of a truth as well as a tangible and fertile alliance.



MOTUS and its methodology

Motus was born in Italy in 2016 thanks to the work of several French-Italian consultants who have developed the work of social consultation and of transformation of organizations. The type of work proposed is for individuals, systems, as well as the private and public organizations they belong in.

Motus' activities are inspired from the school of the transformation of institutions, born in France in the mid 70s.

It is in the continuity of this tradition that Motus has been developing its original project.

The core principles of our action and interventions originate from the work of the psychoanalyst and social-psychologist W.R. Bion and the English School of "Group Relations".

With more than 30 years of experience in the political, economic and social fields, this kind of approach allows, through a methodology that connects the belonging systems of individuals to their roles, to set up a functional transformation of organizations.

This work takes the dimension of the imaginary and the unconscious into account.



Management

MONICA VENEZIANI *Explorer*

Psicopedagogista

Consulente certificata in Trasformazione Istituzionale (Leading Consultation, Programma 5 - IFSI-FIIS)

Formatrice iscritta all'albo

Responsabile Progetti Fondazione Principessa Laetitia

Membro del Direttivo Motus

BEATRICE DEPEURSINGE-BURRI *Explorer*

Sophrologue

Consultante certifiée en Transformation Institutionnelle (Leading Consultation, Programme 2 - ISFI-FIIS)

Ancienne assistante sociale et dirigeante d'institution médico-sociale

Membro del Direttivo Motus

Informations

DURATION

September 18th, 2020 from 16.30 to 20.30

September 19th, 2020 from 9.00 to 13.45

LOCATION

Oasi di Cavoretto

Strada di Santa Lucia 89,

10133 Torino (TO)

The site is accessible by bus, and for the arrival by car consult the indications appearing on

www.oasicavoretto.org

Parking possibility



FEES

Individual participant: 220 euros

Company/organization: 400 euros

Booking fees are 100 euros.

The price includes:

Participation in sessions

Coffee break on Friday

Workshop closing buffet

For any cancellation after September 7th, booking fees will not be refunded. Discounts for several participants from the same institution are possible.

Payments timelines can be organized by contacting the 2 explorers

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Conference attendance is subject to the payment of the

MOTUS

Association for the transformation of institutions

annual membership fee: 40 euros for the current year

www.assomotus.com

APPLICATION FORM

The application form is available at:

bit.ly/PERILCORPO_2020_iscrizione

After your application has been processed, you will receive a confirmation e-mail with information related to the payment.



AGENDA

	Friday September 18th	Saturday September 19th
9.00 - 10.00		IN BODY
		Break
10.15 - 11.15		MAKING BODY
		Break
11.30 - 12.30		I – YOU – WE Closing PE
		Break
12.45 - 13.45		TAKING BODY
16.30 - 16.45	Welcoming	
17.00 - 18.00	I – YOU – WE Opening PE	
	Break	
18.15 - 19.15	MAKING BODY	
	Break	
19.30 - 20.30	IN TEAM	

Sessioni di lavoro

I, YOU, WE Opening Plenary Event: this event allows participants to experience the boundary crossing between the environment and the workshop. In particular it allows you to reconnect with the boundaries of your body and to begin to explore the “myself / other than myself” relationship.

MAKING BODY Large working system: this event allows members to explore how their body finds/takes its place within a large working system (institutional body). PLACE/ROLE connection.

IN TEAM Small working system: this event allows members to explore the “Leadership/Followership” relationship inside a small working system and to deepen the PLACE/ROLE connection in relation to the other.

IN BODY: this event allows members to get in touch with their body more deeply and begin to express their alliance with it.

I, YOU, WE Closing Plenary Event: this event allows participants to experience the boundary crossing between the workshop and the environment, upon returning back home. In particular it allows to begin to develop awareness of the work accomplished at the boundaries of the body, as a limit and a possibility.

TAKING BODY Transformation analysis groups: this event allows members to reflect upon the experience lived within the workshop, in relation to the place and roles assumed, in order to prepare for the transformation of their roles once back in their institutions.